



FALL SAVINGS

Providing Canadians with
Premium Health Supplements Since 1965

Get More of your Favourites with new Bonus Packs!

Ferritin+® Bonus Pack Energy You Can Count On!

Ferritin+® is a plant-based delayed-release iron supplement that efficiently absorbs into your system, helping you maintain healthy iron levels - without the stomach upset.

Just one capsule
per day!

28⁹⁹

Ferritin+®
30 vegetarian caps +
10 vegetarian caps



Immediate Relief Enzymes Bonus Pack

Immediate Relief Enzymes help prevent symptoms of lactose intolerance including gas, bloating, cramping and diarrhea. This vegetarian formula helps digest protein and maintain a healthy digestive system.

38⁹⁹

Immediate Relief
Enzymes
120 vegetarian caps +
21 vegetarian caps



Immune-Boosting Essentials!

Flora's Sambu® Elderberry Crystals and Sambu®Guard Elderberry+ Liquid Formula can be taken daily or used to provide relief from cold and flu symptoms. Elderberry+ Liquid Formula is a delicious, organic blend of elderberry, echinacea and licorice with no added sugar. Elderberry Crystals are made from 100% organic elderberry juice powder. Just mix with water or your favourite beverage or smoothie for an immune-boosting punch. Flora's Acerola Natural Vitamin C Powder is packed with antioxidant vitamin C. In fact, each serving provides 14 times more vitamin C than an orange!



28⁹⁹

Acerola Natural
Vitamin C
Powder
50 g

20⁹⁹

Sambu®
Elderberry
Crystals
50 g

15⁴⁹

Sambu®Guard
Elderberry+
Liquid Formula
or Liquid
Formula Kids
250 mL

27⁹⁹

Sambu®Guard
Elderberry+
Liquid Formula
500 mL



SALE PRICES IN EFFECT November 2 - 29, 2024

Product availability
and pricing may vary.



Cleanse at the Cellular Level!

Flor-Essence® is a traditional herbal formula developed to gently cleanse the whole body at the cellular level.

Flor-Essence® with Turkey Tail and Turmeric goes one step further with ingredients that help fortify immunity.

Flor-Essence® features the "Great 8" herbs:

- Burdock Root
- Sheep Sorrel
- Slippery Elm Bark
- Watercress
- Blessed Thistle
- Red Clover Blossom
- Rhubarb Root
- Kelp

 Made in Canada



39⁹⁹ Flor-Essence® Dry Herbal Tea Blend 63 g

29⁹⁹ Flor-Essence® or Flor-Essence® with Turkey Tail & Turmeric 500 mL

47⁹⁹ Flor-Essence® or Flor-Essence® with Turkey Tail & Turmeric 941 mL



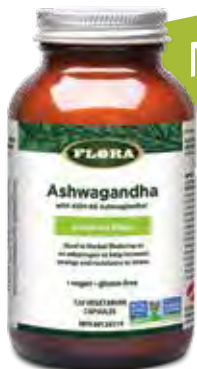
37⁹⁹

Flor-Essence® 7-Day Purification Program

Kit contains:
Flor-Essence® - 500 mL
Floralax® II - 200 g
Pro-Essence® - 30 vegetarian caps

Resist Stress Naturally

Ashwagandha with 300 mg KSM-66 Ashwagandha®, will help to reduce stress levels, support energy and vitality and ability to exercise, support memory, focus and brain power, and then end the day with restorative, rejuvenating deep sleep.



NEW!

 **KSM-66 Ashwagandha®**

26³⁹

Ashwagandha with 300 mg KSM-66 Ashwagandha®
120 vegetarian caps

Support Your Cardiovascular Health

Nattokinase NSK-SD® is a unique enzyme fermented with a proprietary strain of *Bacillus subtilis* natto extracted from a traditional Japanese food called natto (fermented soybeans) for a potent, all-natural option to help support the health of the cardiovascular system. Unlike most nattokinase supplements, this unique formulation has the Vitamin K2 removed.



NEW!



31⁹⁹

Nattokinase NSK-SD®
100 mg 2000 FU (Fibrin Units)
60 vegetarian caps



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Exception(al) EFA Sources

There are obligatory vitamins, minerals, amino acids and fatty acids humans need - no exceptions! ALA omega 3 and LA omega 6 are the two **EFA (essential fatty acids)**. Malnourished cells lacking EFAs can degenerate, miscommunicate, or fall apart. EFA deficiency may cause immune, cardiometabolic, hormonal, or skin problems, or inflammation, mood, cognition, or vision struggles. Seeds are the best source of EFAs, yet, 99% of seed oils MUST be avoided - due to toxic processing! Flora oils like Udo's Oil are the exception(al) EFA sources we all need; seed oil, minus the damaging, toxic processing.



16⁹⁹
Udo's Oil®
250 mL

30⁹⁹
Udo's Oil®
500 mL

47⁹⁹
Udo's Oil®
941 mL



22⁷⁹
Udo's Oil®
90 vegetarian
caps

42³⁹
Udo's Oil®
180 vegetarian
caps

19⁹⁹
Udo's Oil®
DHA
250 mL

38⁴⁹
Udo's Oil®
DHA
500 mL

Udo's Choice® Oil Production

Developed by Flora and Udo Erasmus to preserve the freshness and nutritional value of essential fatty acids (Omega 3, 6)

1

Careful selection of raw materials from certified organic cultivation.

2

Gentle mechanical pressing without heat, air and light.

3

Removal of solid particles by push thru paper filter using nitrogen gas

**No further oil processing
No chemical preservatives**

4

Filling in absence of oxygen; nitrogen flushed for extra protection

5

Packaging in amber glass bottle and in cartons (for extra protection from light)

Protected from light, heat and oxygen from the manufacturing, storage, shipping and product display stage in the shop

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Immune Health Begins in the Gut

Give your gut health a boost with **Flora's Probiotics**. Lifestyle and environmental factors can compromise the digestive system, but adding probiotics into the dietary mix can help boost good bacteria, keeping the bad in balance and helping to maintain a healthy microflora, naturally.



Refrigerated Probiotics

Flora's Refrigerated Probiotics have been scientifically developed to address age-specific and condition-specific concerns. There's something for everyone in the family!



27⁹⁹

Toddler's Probiotic
75 g

19⁹⁹

Kid's Probiotic
60 vegetarian caps

30⁹⁹

Adult's Probiotic
60 vegetarian caps

31⁹⁹

Senior's Probiotic
30 vegetarian caps

22⁹⁹

Super 5 Probiotic
60 lozenges

23⁹⁹

Super 8 Plus Probiotic
30 vegetarian caps

56⁹⁹

Super Bifido Probiotic
30 vegetarian caps



**FIND US
IN THE
COOLER**

55⁹⁹

Adult's Probiotic
120 vegetarian caps

55⁹⁹

Senior's Probiotic
60 vegetarian caps

42⁹⁹

Super 8 Plus Probiotic
60 vegetarian caps

Shelf-Stable Probiotics

Shelf-stable probiotics offer the promise of digestive and immune support on-the-go. As their name implies, shelf-stable probiotics do not need to be refrigerated. For all-around support, choose **Complete Care**. If you're looking for a probiotic geared towards supporting intestinal health for women, choose **Women's Care**.



15⁹⁹

Complete Care Probiotic
30 vegetarian caps



22⁴⁹

Women's Care Probiotic
30 vegetarian caps

All sizes & varieties of Flora's Refrigerated and Shelf-Stable Probiotics are on sale!



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Goodbye Gut Ache

Natural enzymes found in food sources can be lost during cooking, so choosing a supplement to replace those enzymes can help maintain the overall health of your digestive system. Flora's Enzymes help promote good digestion and overall health, as well as provide fast relief from the uncomfortable symptoms such as heartburn, indigestion, gas, bloating and diarrhea. Flora offers **Daily Maintenance Enzymes** for everyday use, **Immediate Relief Enzymes** for post-meal discomfort, and **Urgent Care Enzymes**, our most powerful blend, formulated for persistent digestive problems.



14⁷⁹

Daily Maintenance
60 vegetarian caps



18⁷⁹

Immediate Relief
60 vegetarian caps



24⁷⁹

Urgent Care
60 vegetarian caps

24⁷⁹

Daily Maintenance
120 vegetarian caps

25⁴⁹

Immediate Relief
90 vegetarian caps

43⁹⁹

Urgent Care
120 vegetarian caps




Look for our Special Bonus Pack Offer!

Immediate Relief Enzymes
120 vegetarian caps + 21 vegetarian caps travel pack

38⁹⁹

Heartburn Relief

Flor-Antacid® provides fast, effective and natural relief from heartburn without side effects. It does not inhibit secretion of stomach acid like many heartburn medications so it will not interfere with digestion and absorption of nutrients, weaken the role stomach acid plays in immunity, or cause dependency.

Flor-Antacid® also provides calcium and magnesium for the health of bones and teeth, and is safe for use during pregnancy.



NEW!

Refreshing Peppermint Flavour!

11¹⁹

Flor-Antacid®
30 chewable tablets

18³⁹

Flor-Antacid®
90 chewable tablets

30³⁹

Flor-Antacid®
180 chewable tablets

Apple Cider Vinegar - Herb Infused

 **Made in Canada**

Flora's **Apple Cider Vinegar Wellness Drinks** are thoughtfully brewed in small batches using freshly ground organic herbs blended with apple cider vinegar. The complex flavour of these wellness drinks is rounded out by a proprietary herbal tea blend, utilizing seven cleansing herbs.

All flavours of Flora Apple Cider Vinegar are on sale!

13⁹⁹

Apple Cider Vinegar
500 mL



SALE PRICES IN EFFECT November 2 - 29, 2024



Efamol

Clinically Proven!



Beautifully Smooth, Nourished Looking Skin



Scan here to learn what makes Efamol® Evening Primrose Oil so special

If you want skin that's positively glowy, moisturize from the inside out with **Efamol® Beautiful-Skin Evening Primrose Oil**. Evening primrose oil (EPO) is naturally rich in GLA—a skin-loving omega-6 fatty acid that minimizes fine lines, wrinkles and dull skin.

21⁹⁹
Efamol®
EPO
500 mg
90 softgels

36⁷⁹
Efamol®
EPO
500 mg
180 softgels

31⁹⁹
Efamol®
EPO
1000 mg
90 softgels

53¹⁹
Efamol®
EPO
1000 mg
180 softgels

All Natural Oral Care



Auromère Toothpaste

The all-natural botanical extracts and essential oils in **Auromère Toothpaste** are prized for their astringent, purifying and soothing properties that help freshen breath and maintain optimum dental hygiene. In addition, Auromère Toothpaste contains no fluoride, gluten, artificial sweeteners, dyes or harsh chemicals commonly found in many toothpastes.

849

Auromère Toothpaste
75 mL - All flavours



Ayurvedic Mouthwash

This pure and effective formula with 23 herbal extracts and 9 essential oils is full of beneficial properties for teeth and gums to provide optimal oral hygiene. Includes a fresh, minty taste with no artificial sweeteners!

- Alcohol-free & Sulfate-free
- Non-GMO
- Fluoride-free

16⁹⁹

Ayurvedic Mouthwash
473 mL



Auromère products not available in Quebec.



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Nature's Original Superfood



Gandalf Chlorella™ is a type of freshwater green algae packed with chlorophyll, iron, vitamin B12, and vitamin A. Available in tablet or powder form, Gandalf Chlorella™ provides a source of high-quality, easily digestible vegetarian protein.

Gandalf's NEW Hawaiian Astaxanthin provides superior antioxidant protection in a convenient 1 capsule a day dose to support skin, brain, eye health and exercise recovery. At 12 mg per vegan softgel, a single softgel is enough per day to experience the benefits. Cultivated in lava-filtered deep ocean water and Hawaiian municipal aquifer water, the quality of Gandalf Hawaiian Astaxanthin is unmatched.



29⁴⁹

Organic Chlorella 600 mg
150 tabs



29⁴⁹

Organic Chlorella Powder
150 g



45⁹⁹

Hawaiian Astaxanthin 12 mg
30 vegan softgels

Natural Pet Care

BiologicVET®

BiologicVET's line of health products for pets is formulated to maximize their quality of life. Years of extensive development through nutrigenomics research are incorporated into every BiologicVET formula.

BioDIGEST® Probiotic & Prebiotic Gut Repair is formulated to support gut pH, immune, digestive and intestinal health

- Supports healthy appetite, digestion of food and bowel regularity
- Decreases antibiotic side effects and speeds recovery after infection
- Formulated with clinically proven, shelf-stable, plant-based, heat, oxygen and acid resistant *Pediococcus acidilactici* MA 18/5M probiotic
- With **BioFIBRE** for optimal absorption



19⁹⁹

BioDIGEST®
200 g



25⁹⁹

BioDIGEST®
380 g



SALE PRICES IN EFFECT November 2 - 29, 2024



Delicious Vitamin & Mineral Formula!

Flora's **Daily Multi Essentials+** and **Kid's Multi Essentials+** are rich in antioxidants vitamins A, C and E, and include a full range of B vitamins for energy production. This comprehensive formula also includes a full 400 IU of immune-supporting vitamin D, calcium, and an herbal blend of antioxidant astaxanthin, immune-supporting elderberry, digestion-promoting anise, calming chamomile, and rose hips for extra vitamin C. It comes in a tasty fruit juice and whole food base that's easy to drink straight or mix into smoothies or juice.



19⁹⁹

Kid's Multi Essentials+
226 mL

19⁹⁹

Daily Multi Essentials+
226 mL

29⁹⁹

Kid's Multi Essentials+
445 mL

29⁹⁹

Daily Multi Essentials+
445 mL



Drink Your Way to Better Bone Health

Flora's **Bone Health+** is a sophisticated bone health formula that features a 2.5:1 ratio of calcium to magnesium in a bioavailable liquid form. Vegan vitamin D3, vitamin K2, deep sea minerals, and a standardized silica mineral extract from spring horsetail have been added to create a truly comprehensive formula that supports bone mineralization and ensures calcium is deposited where it should be. The liquid form makes it easy to digest and has a delicious fruit juice base!



21⁴⁹

Bone Health+
236 mL

36⁷⁹

Bone Health+
473 mL



Stressveda™ combines 600 mg KSM-66 Ashwagandha®, with plant-sourced vitamins, including B-complex, vitamins C, E, D, and K in a base of Spinach, Broccoli, Carrot, Sweet Potato, Orange, Apple, & Strawberry fruit, Sunflower Seed, Shiitake & Maitake Mushroom. This formula helps increase resistance to stress and helps increase energy in the case of mental and physical fatigue related to stress.

Just one capsule per day!

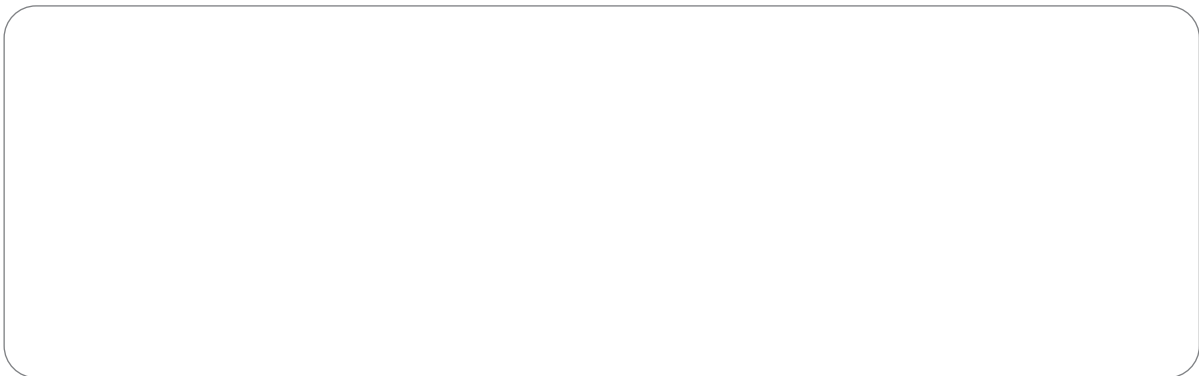
21⁹⁹

Stressveda™
30 vegetarian caps



Hurry in to your Natural Health Retailer!

Lowest prices of the season only in effect November 2 - 29, 2024



**All prices shown in flyer are sale prices.
Prices, discounts and product may vary between retail stores.**

FLORAHEALTH.COM | 1.888.436.6697 | FALL 2024

